



## SACRED HEART PARISH

**Sunday 31st August 2025**  
**22nd Sunday in Ordinary Time**



**Priest: Kieran C.P.**

**Deacon: Joe Baxter**



**Parish Office:** 1B Glenview Street, Belfast, BT14 7DP

**Email:** [sacredheart@downandconnor.org](mailto:sacredheart@downandconnor.org)

**Phone:** 028 9075 1543

**Hours open:** 9am-2pm, Mon -Fri.

**Parish Secretary:** Cathy Carroll

**Sacristan:** Collette Delaney

**Acolyte:** Thomas Liddy

**Parish Webpage:** <https://www.sacredheartparishbelfast.com>

**Webcam:** <https://www.sacredheartparishbelfast.com/Webcam>

### ~Mass Times~

<b>Saturday Vigil:</b>	6.00pm:	Jim Fitzpatrick RIP, Recently deceased
<b>Sunday Masses:</b>	9:30am:	Tommy Skillen, Anniversary Mass
	11:30am:	Michael Cusick, 9th Anniversary Mass
<b>Weekday Masses:</b>	Monday 10:00am:	Mona McErlean, Month's Mind Mass
	Tuesday 7:00pm: Novena :	Angela Fox-Brown, 1st Anniversary Mass
	Wednesday 10:00am:	Margaret Glover & Martin McGrann, Anniversary Mass
	Thursday 10:00am:	Michael O'Neill, Anniversary Mass
	Friday 10:00am	Fr Newberry, Anniversary Mass

**Confessions & Adoration:** Saturday: 5:00pm - 5.45pm.

**Divine Mercy:** Friday 2:15pm, Exposition, Prayer and Confessions

### ~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month at 12.30pm. From September, parents will be required to attending a baptismal course and a £50 voluntary donation will be required to book a baptism. Please contact the parish office to arrange a baptism.

### ~Upcoming Feast Days~

30th August, St Fiacre  
3rd September, St Gregory the Great, Pope  
4th September, St MacNissi

### ~Anniversaries~

Christy Burns  
Mary Murphy  
Patrick McKeown

*Eternal rest grant unto them, O Lord*

### ~Recently Deceased~

Josephine Conway (nee Noble  
Died recently in Newcastle Upon Tyne)

Rita Donnelly

Jerry Smyth

Michael Rice (London)

Gerard O'Neill

Kevin Wylie

Rosina Lowry

Mary Ellen Uprichard

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### ~Weekly Collection~

£1255.51

Thank You For Your Generosity

### ~Baptisms~

Noah Alexander Lewsley  
Rían Patrick Kelly Corbett  
Sophia Duffy O'Hanlon  
Colson Francis McConville Carey

*Welcome into our Community*

### ~Sanctuary Candles~

Geordie Adams Jr

*A Donation of £5 per candle is greatly appreciat-*

### ~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

**The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.**  
**( Micah 6:8)**

## DATES FOR YOUR DIARY



*Immaculate Heart of Mary*

*Dwelling pure and holy,  
cover my soul with your  
maternal protection,  
so that being ever faithful  
to the voice of Jesus,  
it responds to His love and  
obeys His Divine will.*

*Amen*

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*Amen*

***Healing Mass.***  
Our monthly Healing Mass will take place on  
**Saturday 6th September at 11.00am.**  
All are welcome to attend, especially those parishioners who are ill at this  
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***The Vincentian Community***

It is with great sadness and thanksgiving that we bid a fond farewell to the Vincentian Community who have lived in our Parish for over 20 years. We would like to thank Fr Jim, Fr Perry and Fr Adrian for all their hard work and dedication to us here in Sacred Heart Parish. They have been a tremendous support over the years helping with Masses, Communions, Healing Masses, etc, not to mention their 8am Masses in the Poor Claire's for many years. We wish Fr Jim and Fr Perry all God's Blessings in their retirements, and wish Fr Adrian blessings as he continues his Chaplaincy work.

***Thank you very much from all at Sacred Heart.***

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**Parish Pastoral Council.** The next meeting will take place on Wednesday 3rd September at 6.30pm in the Parish Centre.

**Ministers Of The Word** — Readers packs for the next few months are available from the Parish Office for collection.

**St Michael's Parish one day retreat at Lough Derg** on Saturday 6 September 2025. Cost £70 includes: coach, tea/coffee/scones/lunch, a time of prayer and reflection, Mass with a time to explore the holy grounds. Bus leaves 7:30am St Michaels Parish (car parking provided) arriving 9.30am, leaving 4 pm and returning to St Michael's by 6/6:30 pm. Contact Catherine, parish secretary to book your place 02895904304 or Email: [stmichaels@downandconnor.org](mailto:stmichaels@downandconnor.org) (Booking secured on full payment on a first come served basis)

**Jubilee Year Opportunities at Lough Derg this August & September.** One Day Retreats/Guided Days of Prayer and Reflection places available September 3<sup>rd</sup>, 6<sup>th</sup>, 7<sup>th</sup>, 9<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 21<sup>st</sup>. National Sacred Heart Crusade. Canonisation of Blessed Carlo Acutis, Sun 7<sup>th</sup> September – special devotions and blessing with Carlo Acutis Relic. Admission €50. Group discounts available. Advance Booking Essential. Quiet Day Retreat. Come apart by yourself, and rest for a while, Friday 12<sup>th</sup> September. Admission €40 includes refreshments and lunch. Advance booking essential. Contact: [info@loughderg.org](mailto:info@loughderg.org) / Tel. 0(0353) 719861518, [www.loughderg.org](http://www.loughderg.org)

**Legion of Mary.** Monday 7.30pm, Church of the Immaculate Heart of Mary, Antrim Road, Thursday, New Lodge Grotto, Rosary.

**Chatty Café.** Open Monday to Friday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

<b>AA Meeting</b> upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm.(Ladies Group)
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**Cocaine Anonymous (CA)** meet every Tuesday at 7pm upstairs in the Parish Centre

**The Spred Group** meet every second Monday in the Parish Hall at 7pm.

**The Stitch and Crocheting Group** meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.

**Lifeline-24hr** 7 days a week 0808 808 8000 **Al-Anon Family Groups** 028 9068 2368

**Samaritans** anytime night or day 116 123  
**St Vincent De Paul** 028 90351561  
**Cancer Lifeline** 028 90 351999  
**AA** 02890351222

**PIPS** 0800 088 6042  
**Youth Education Health Advice** 02890 757 809  
**Diocesan Safeguarding Officer** Philip O'Hara 07534 992 124

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**Sacred Heart of Jesus, I place all my trust in Thee**